

**TRINIDAD KARATE ASSOCIATION**  
**11TH INTERNATIONAL KARATE DAIGAKU (IKD)**  
**&**  
**CARIBBEAN KARATE COLLEGE (CKC)**  
**CARIBBEAN KARATE CHAMPIONSHIPS & CAMP**  
**15-17 AUGUST, 2014**

**INDIVIDUAL KATA AND KUMITE EVENTS**

**BROWN AND BLACK BELTS ONLY**

**Youth and Teen** Individual Participation is UNLIMITED

FEMALE	MALE
8 – 10 YEARS	8 – 10 YEARS
11 – 13 YEARS	11 – 13 YEARS
14 – 16 YEARS	14 – 16 YEARS
17 – 19 YEARS	17 – 19 YEARS

**Adults and Masters** FOUR Individuals per Country/Organization

ADULTS:

FEMALE	MALE
20 – 44 YEARS	20 – 44 YEARS

MASTER:

FEMALE	MALE
45 + YEARS	45 + YEARS

**12 Individual Kata Events and 12 Individual Kumite Events = 24 Events**

## TEAMS

### KATA TEAM / BUNKAI TEAM / ENBU TEAM

TWO Entries per Country/Organization

FEMALE	MALE
8 – 10 YEARS	8 – 10 YEARS
11 – 13 YEARS	11 – 13 YEARS
14 – 16 YEARS	14 – 16 YEARS
17 – 19 YEARS	17 – 19 YEARS
20 – 44 YEARS	20 – 44 YEARS
45 + YEARS	45 + YEARS

10 Events each in Team Kata, Bunkai and Enbu = **30 Events**

NB: Please note that in the 'Enbu' bowing is only required at the beginning and the end of the demonstration.

TEAM KUMITE Adults and Masters only:

- 3 persons per team,
- TWO Entries per Country 'A' and 'B'

20 – 44 Adult Female

20 – 44 Adult Male

45+ Masters Female

45+ Masters Male

**4 Events**

## TOURNAMENT RULES – IKD – Trinidad 2014

### *Junior and Teen Qualification:*

- Junior and teen girls and boys must be ranked brown and black belt; their ages at the time of the Caribbean Championships must be 8 to 19 years.
- Junior and Teen individual participation is unlimited.
- No mixed teams (combination of girls and boys).

### *Junior and Teen Individual Kata and Team Kata Rules:*

- All individual elimination matches shall be judged by the flag system, until the final **four** competitors, using the following *Shitei* : *Kata Heian Nidan, Heian Sandan, Heian Yondan, Heian Godan, and Tekki Shodan*.
- The final **four** contestants shall be judged by the point system with the contestant's choice of any kata other than elimination (*Shitei*) kata.
- In case of a tie in individual or team kata, a different kata shall be performed. If the rematch is tied again, the lowest score shall be added. If the result is still tied, the highest score shall be added. If deadlocked, a third different kata shall be performed.
- Individuals and teams are free to choose any *tokui* kata without restriction.
- In the team kata final, the same kata used in the elimination may be performed again.

### *Junior Individual Kumite Rules:*

- All contestants must have their own mouth guards, red and blue WKF/IKD approved kumite gloves, and red and blue belts.
- Kumite for junior girls and boys aged **8-10** and **11-13**, shall be *jiyu ippon kumite* (semi free sparring) until the final eight contestants. Thereafter, they shall perform *jiyu kumite* (free sparring).
- In *jiyu ippon kumite* red side shall attack first, as per ??? 20 of the IKD Kyu and Dan Examination Syllabus Manual. Attacks are: *jodan, chudan, chudan mae-geri, kekomi and mawashi-geri*. Favourite side for each attack, however, one announced, attacker cannot change side.
- Defender shall use blocking techniques prior to counter attacking. Any counter attack is acceptable and judging will be based on the following: **good form** of technique, **kime** the three elements – power, speed, body expansion / contraction, and **ki**.

- Once distance is established, the attack must begin. At the end of each attack, the attacker must hold their position. No evading or blocking counter attacks.
- No deceptive pre-actions are allowed (no feigning).
- In the case of a tie, they shall have a rematch. The attacks will then be done with the **other** arm / leg.
- For teen girls and boys aged **14-16** and **17-19** all matches are *jiyu kumite*.
- There are no junior team kumite events.

#### *Adult and Master Qualification:*

- Women and men must be ranked brown/black belt; their ages at the time of the event must be as determined in the event categories.
- Adult and Master individual kata and kumite participation is limited to **four** women and **four** men per Country/Organization.
- Team kata is limited to two three-female team, and two three-male team. No mixed teams.

#### *Adult and Master Individual Kata Rules:*

- Same rules as junior and teen individual kata and team kata, **except:**
- The **last** sixteen contestants shall be judged by the flag system, until the final eight competitors, using the following *Sentei kata: Bassai-dai, Kanku-dai, Empi, and Jion*.

#### *Adult Individual Kumite and Team Kumite Rules:*

- All contestants must have their own mouth guards, red and blue WKF/IKD approved kumite gloves, and red and blue belts.
- All **Adult & Masters** kumite events are *jiyu kumite*.

#### *Team Kata Bunkai Rules*

- Three person teams are free to choose any kata.
- All *bunkai* must adhere to the traditional kata, which must flow from movement to movement. For the defender, free stances between movements are not allowed.
- Slight deviations and in-between techniques are acceptable and are limited to about 10 of the kata movements.
- Only one person shall defend against the other two attackers throughout the bunkai (not like WKF rules).
- There shall be a slight pause whenever a *todome waza* (finishing blow technique) is executed.
- *Bunkai* is judged the same as team kata.

### *Team Enbu Rules*

- Each team member shall take turns defending against the other two attackers.
- There is no time limit, except *enbu* shall not be longer than the time it takes to perform team *bunkai*.
- One may evade attacks, but must follow through with a *todome waza* before confronting the other attacker.
- Members are free to use their own choreography and imagination in *enbu*, but must use the five elements of karate – correct form, correct application of power, speed of technique, and body expansion and contraction, as well as *budo* spirit.
- Enbu is judged the same as team kata and *bunkai*.

### *Standard Rules:*

- All contestants must wear a clean, unmarked white karate gi. Their country's flag shall be placed on the left shoulder sleeve. The left breast is reserved for one's organization crest.
- The gi must be IKD regulation gi with the length of the sleeves falling about midway between the elbow and the wrist. Gi sleeves shall not be rolled up on the outside.
- The pants length must fall about midway between the knee and the ankle.
- Forearm and/or shin guards, and sweat bands are not allowed.
- Jewellery or sharp objects in the hair are not allowed.

### *Judges' Rules:*

- Basically, the tournament rules are in extension of dojo training.
- Procedure for *Jiyu kumite* elimination matches: After *hikiwake*, *sakidori ippon* (first to score a *wazaari* or *ippon* in a two minute time period) is applied. The referee shall announce "*sakidori ippon - - - hajime.*"
- For the final four, after *hikiwake*, *sai-shiai* is applied (rematch –two minutes and *ippon*). The referee shall announce "*sai-shiai - - - hajime.*" If *hikiwake* again, *sakidori ippon* is applied. The referee shall announce "*sakidori ippon - - - hajime.*"
- Time is stopped whenever the referee announces "*yame*"; it shall resume when the referee restarts the match (same as JKA and WKF Rules).
- Degrees of Contact:
  - Slight (Skin Touch) – is allowed in Adult divisions, but no such contact to the face or neck is allowed in all junior divisions and will be given a

*keikoku* at first, *hansoku-chui* for second, etc. A point may not be awarded in the junior divisions.

- Light – *keikoku*; a point may not be awarded.
- Medium – *hansoku-chui*. A point may not be awarded
- Heavy – *hansoku*. If a competitor accumulates two team *kumite hansoku*, they cannot compete further in any other team *kumite* events. For example, if a team member receives a *hansoku*, and the team goes on to win, the whole team can compete again. However, if the same member receives another *hansoku*, and the team wins again, that member cannot participate in any further team *kumite* matches.
- *Bunkai* and *enbu* are judged the same as kata.
- **All judges and 18 years & older black belts must attend the Recertification/Certification courses at the tournament.**
- Judges must meet the requirements as established by the International Karate Daigaku (IKD).
- The Chief Judge shall designate the Ring Officials.
- Judges Uniform: Whistle with black lanyard and black Haori. (Official IKD Tournament Uniform).

## **SPECIAL NOTES:**

- PLEASE LET US KNOW IF YOU ARE COMING TO THE CAMP OR TOURNAMENT OR BOTH AND IF YOU PLAN TO TAKE DAN EXAMS (YONDAN AND ABOVE), JUDGES AND INSTRUCTOR EXAMS.
- ALSO YOUR ARRIVAL AND DEPARTURE TIMES (AIRLINE FLIGHT NUMBERS ETC.) YOUR COOPERATION TO THESE MATTERS WILL BE APPRECIATED.

**11<sup>th</sup> IKD / CKC Caribbean Karate Tournament**  
**Draft Program**  
**15<sup>th</sup> – 17<sup>th</sup> August 2014**

**31<sup>st</sup> July 2014 – Closing Date for Registration of Teams.** (All late registration will pay late registration fees).

**THURSDAY 14<sup>TH</sup> AUGUST 2014**

12:00 noon: Arrival and Registration will open at at Cascadia Hotel, Cascade, Trinidad.

4:00pm: Dan, Judges, Instructors and Examiners Tests

**FRIDAY 15<sup>TH</sup> AUGUST 2014**

8:00am - 10:00am : Judges Recertification / Certification – Kata / Bunkai / Enbu Judging.

10:15am – 12 Noon: General Training (All Participants) / Practical Judging Session.

12:00 – 2:00pm: Lunch

2:00pm – 6:00pm: Masters / Junior Kata & Bunkai Competition (Finals).  
Adult Team Kata & Team Bukai Eliminations  
(Last 4 Teams in Final Sunday).

**SATURDAY 16<sup>TH</sup> AUGUST 2014**

8:00am - 10:00am: Judges Recertification / Certification – Kumite Judging.

10:15am – 12 Noon: General Training (All Participants) / Practical Judging Session.

12:00 – 2:00pm: Lunch

2:00pm – 6:00pm: Masters / Junior Enbu & Kumite Competition (Finals).  
Adult Enbu & Team Kumite Eliminations  
(Last 4 Teams in Final Sunday).

**SUNDAY 17<sup>TH</sup> AUGUST 2014**

8:00am - 9:00 (Noon): Judges / Officials Meeting.

9:00am – 12 noon: Adult Eliminations (Last 8 in Final).  
Individual Kata and Kumite.

12:00 – 2:00pm: Lunch

2:00pm – 5:00pm: Finals of Adult Contest.

**CARIBBEAN KARATE COLLEGE CAMP**  
**&**  
**INVITATIONAL TOURNAMENT (WKF RULES)**  
**18<sup>TH</sup> – 20<sup>TH</sup> AUGUST 2014**



**Three days with Special Guest Instructor:**

**Mr. Hanshi Cyrus Madani, 8th Dan**

He has developed new concepts for generating inner power and strength in karate techniques through proper breathing and has pioneered teaching methods for developing speed and agility at any age.

- Founder and chief instructor at the IMA (est 1991).
- Started Shotokan Karate training in 1966.
- A Pan American & WKF referee for over 30 years.
- Member of the Technical Committee 2002-Present USA Karate Federation (USA NKF).

**MONDAY 18<sup>TH</sup> AUGUST 2014**

8:00am – 9:30am: Session 1  
10:30am – 12noon: Session 2  
12noon : Lunch & Free Time  
4:00 – 5:30pm: Session 3  
**7pm: CKC – Caribbean Meeting & Dinner**

**TUESDAY 19TH AUGUST 2014**

8:00am – 9:30am: Session 4  
10:30am – 12noon: Session 5 (WKF Kumite Rules)  
12noon : Lunch & Free Time  
4:00 – 5:30pm: Session 6

**WEDNESDAY 20TH AUGUST 2014**

8:00am – 9:30am: Session 7  
10:30am – 12noon: Session 8 (WKF Kata Rules)  
12noon: Lunch & Free Time  
2:00 – 5:00pm: **Goodwill Invitational Tournament (WKF Rules)  
(Finalist of Individual Adult +/- Some 14-19 yrs Divisions ).**



## **11TH IKD CARIBBEAN KARATE CHAMPIONSHIPS & CKC CAMP - COSTS**

### **15 - 17 August 2014**

**Fees for Adults - \$ 60USD** – Includes registration, participation in as many events as you wish to enter, all training and judges' sessions and scheduled airport pickup and drop off at the tournament Hotel. This fee does not include the Get Together (After event Lime) or any promotional items.

**Fees for Juniors - \$40USD** - Includes registration in as many events as you wish to enter, all training sessions, the Get Together (After event Lime) and scheduled airport pickup and drop off at the tournament Hotel. This fee does not include any promotional items.

### **CKC CAMP - 18 - 20 August 2014**

**Fees - \$100USD** for three days (\$40 USD for a single day.) Three training sessions each day.

## VENUE INFORMATION

### Cascadia Hotel and Conference Centre

Ariapita Road, St. Anns, Port of Spain, Trinidad, W.I.

www.cascadiahotel.com

Phone: (868) 623 3511; 3515 Ext 522

Cascadia Hotel Manager – Barry Bidaisee - marketing@cascadiahotel.com;  
bbidaisee@gmail.com, Mobile: (868) 682 0179

TKA Accommodation Coordinator – Rhonda Thomas - rhondiethomas@gmail.com,  
Mobile (868)378-1077

### The Room rates are:

- Single Occupancy: \$90.00 USD per night.
- Double Occupancy: \$100.00 USD per night.
- Triple Occupancy: \$120.00 USD per night.
- Quad Occupancy: \$140.00 USD per night.

### SPECIAL NOTES:

1. Booking Your Team's Accommodation – Please book by the end of May 2014

There is no cancellation / penalty fee and NO deposit will be required.

All payments to be made on arrival at the hotel.

2. Meals – Breakfast is buffet and provided at NO cost.

Economy-priced Lunch/Dinner will be provided \$10.00 USD for lunch and \$15 to 20 USD for dinner.